



Walt Disney World Cast Members lead panel discussion at Mujeres en Transición Conference

LAKE BUENA VISTA, Fla., May 12, 2016 - Cast Members from Walt Disney World Resort recently led a panel discussion at the Hispanic American Professional Business Women's Association (HAPBWA) annual Mujeres en Transición Conference, providing insight on achieving work-life balance.

The conference, designed to encourage and motivate Hispanic women who are leaders in the Central Florida community, featured learning, networking and development opportunities, and showcased powerful presenters who have made their mark on local and national platforms.

A variety of Walt Disney World Resort Cast Members with Hispanic backgrounds, participated in the panel discussion and shared ways to achieve and maintain a healthy work-life balance in every stage of life and profession.

Jose Mola, General Manager at Disney's Boardwalk Resort, shared an example of accomplishing this balance.

"If you find yourself in a demanding job that requires availability at all hours, you need to strike a balance with your personal life," Mola stated. "This means taking time to fulfill personal duties during work hours, like being present at your child's school activities or having lunch with your spouse, without feeling any guilt." Betty Martinez Lowery, manager of Corporate Citizenship also spoke at the conference.

"Supporting HAPBWA, and today's focus on achieving work-life balance, reflects a core tenet of our work," said Lowery. "Delivering experiences that bring families together to create lifetime memories is at the heart of everything we do."

The mission of HAPBWA is to advance the professional development of Hispanic American women through implementing courses, seminars and workshops designed in a bilingual format.

The Walt Disney World Resort supports HAPBWA as part of its ongoing commitment to diversity and inclusion, and recognizes the significance Latinos play in the Central Florida community